



UPCOMING EVENTS

Tuesday 18 February First LiL session for 2025 10:00am - 11:30am

Wednesday 19 February Meet the Staff Open Classrooms and Breakfast Barbeque 8:00am - 9:00am

Wednesday 5 March Whole school assembly 1:40pm

Thursday 6 March Tasmanian Symphony Orchestra incursion K - Gr 6

Friday 7 March School Athletics Carnival

Monday 10 March Public Holiday (8 Hour Day)

Wednesday 12 March Ditto's Keep Safe Adventure K - Gr 2

Wednesday 12 - Monday 24 March NAPLAN (Year 3 & 5 students)

Saturday 15 March Bream Creek Show

Thursday 27 March SPSSA Division E Athletics Carnival

TERM DATES-2025

Term 1 Thursday 6 February - Friday 11 April *Easter: Friday 18 April - Tuesday 22 April*

Term 2 Monday 28 April - Friday 4 July

Term 3 Monday 21 July—Friday 26 September Term 4 Monday 13 October - Thursday 18 December

Monday 3 - Wednesday 5 February Friday 6 June Friday 24 October Courage—Accepting challenges and embracing opportunities Growth—Aspiring to learn, and improving even when it is tough Respect—Caring for ourselves, each other and our environment Responsibility—Stepping up and doing what is right Connection—Building positive relationships and a sense of belonging

ISSUE NO 1 — 12 FEBRUARY 2025

Dear Families,

It is with great pleasure that we welcome you and your children back to Dunalley Primary School after the summer holidays. We are filled with excitement and anticipation for the adventures and learning experiences that lie ahead.

As we return to school, we reflect on the importance of community and partnership. At Dunalley Primary School we value the close relationships we build with parents and carers, as these are essential to our students' success. We encourage open communication and invite you to reach out to us at any time with any questions or concerns.

New Initiatives

This year we are introducing several new programs aimed at enhancing our students' academic and extracurricular experiences. Some of these include introducing the new specialist class of Visual and Performing Arts, extensions of our cooking and gardening programs, gifted online extension courses. and continuina connections to our wider community through outdoor pursuits via our whole school Positive Behaviour Support System. Some experiences on offer to our students early in the 2025 year are; bush walking, surfing, fishing and exploring the amazing natural terrain that our area has to offer.





Community Events

Throughout the year we will host various events that foster a sense of community and provide opportunities for our students to shine. We look forward to sharing these with you through our regular newsletters and communication platforms.

We are excited to invite you to our first event for the year, our *Meet the Staff Open Classrooms and Breakfast BBQ* which will be held next Wednesday 19 February from 8:00am to 9:00am. This is a wonderful opportunity to meet our dedicated staff, explore our classrooms, and enjoy some delicious food together.

The plan for the morning will be as follows:

8:00am – 8:30am Open classrooms for you to explore and meet our teachers.

8:30am – 9:00am A BBQ gathering outside the Kitchen/Gym area where you can have a sausage in bread and mingle with staff and other families.

Support for your Child

We recognise that a strong partnership between home and school is crucial for students' success. We ask that you continue to support your child's learning by encouraging them to stay engaged and motivated throughout the year and also staying up to date with current school information through our online platform of Seesaw.

Contact Us

If you have any questions or need further information, please do not hesitate to contact us. Our doors are always open, and we look forward to working with you to make this year a productive and enjoyable one for all.

Thank you for your continued support. We wish you and your child/ren a wonderful year ahead.

Warm regards,

SEAN RYAN Principal

STUDENT UNIFORM

During the hotter months we have had some discussion and clarification of our uniform policy and in particular, the length and tightness of shorts that align with our Dunalley Primary School Uniform Policy 'purposes' that are:

- to encourage a sense of personal pride and pride in the school
- to put the focus on students' true identities
- to provide a reasonable priced, warm and readily available form of clothing
- to identify members of our school in the school community and out of school visits and performances
- to eliminate competitive dressing among students – reducing peer pressure and discrimination
- to develop a sense of unity.

To ensure that this policy is upheld, we are requesting that our students attend school in an appropriate length of short when the weather is warmer ie shorts that cover to at least the middle of the thigh. Running shorts etc that are black, or navy and the equivalent are permitted as part of our uniform as we want to encourage our students to run and play and not be restricted by their clothing, but please consider the length and tightness of these garments to ensure they still adhere to our uniform policy and school expectations.

Family members are encouraged to seek clarification on their child's uniform or seek further information on our Uniform Policy if needed. Families are also encouraged to discuss different items of clothing and their suitability with class teachers. Please also expect class teachers to reach out to you proactively if they notice any attire that does not adhere to our unform policy, as this is a requirement of their teaching role to ensure that our policies are upheld.



FOR A HEALTHY LUNCHBOX

VEGETABLES 2

Snow peas
Tomatoes (e.g. cherry and

Carrot sticks

Green beans

Celery sticks

Capsicum sticks

Cucumber sticks

Roma tomatoes)

Can serve with either:

Hommus

Tomato salsa

TatzikiBeetroot dip

SALADS

BAKED ITEMS

Grilled or roasted vegetables
Wholemeal vegetable muffins or scones

Vegetable slice (with grated

vegerable alce (wing zucchini and carrot)
Popcorn

SOUP (In small thermos)

Pumpkin soup
Potato and leak soup

Chicken and corn soup

Natural voahurt

Mushroom pieces

FRUIT

1

FRESH FRUIT

Apple Banana

- Mandarin
- Orange quarters
 Passionfruit halves (with spoon)
 Watermelon, honeydew,
- rockmelon chunks
- Pineapple chunks
- Grapes Plums
- Nectarines, peaches,
- Apricots
- Strawberries
- Cherrie Kiwifruit halves (with spoon)
- Pear

MIXED FRUIT

- Fruit salad
 Fruit kebabs
- DRIED FRUIT
- Dried fruit, nut, popcorn mixes*

TINNED FRUIT/SNACK PACKS/CUPS

In natural juice (not syrup)

MILK, YOGHURT 3

 Calcium-enriched sov and other plant-based milks

Tip:

Freeze the night before to keep cool during the day

Cheese cubes, sticks or

- slices Cottage or ricotta cheese
- Cream cheese Tatziki dip

Can serve with either:

- Fruit
 Wholegrain cereal,

- Wholegrain wheat crackers
- Vegetable frittata Skinless chicken drumsticks Savoury muffins or scones
 - (e.g.lean ham, cheese and shallots) Homemade pizzas with lean

MEAT OR MEAT

• Tinned tuna or salmon in

springwater • Lean roast or grilled meats

Lean meat or chicken patties

(e.g. ham, silverside, chicken) • Boiled egge

Baked beans (canned)

Lean meat or chicken

Wholegrain sandwich, roll, pita or wrap bread with salad

Rice and corn cakes Wholegrain wheat crackers
Side salad

Tinned tuna or salmon

(e.g. beef, chicken, kangaroo)

ALTERNATIVE

Falafel balls

patties

Lentil patties

Tofu cubes

Hommus dip

kebab sticks • Peanut butter*

Can serve with:

iled eggs

roast or deli meats and vegetables

Can serve with:

- Side salad Steamed or roasted
- vegetables

GRAIN AND CEREAL FOOD

5

MAINS

- Wraps Sandwiches
- Rolls Toasted sandwiches

Tip: Use breads such as wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, naan, bagels, foccacias, fruit bread and English muffins.

Pasta dishes

Rice, quinoa or cous cous dishes
Noodle dishes Sushi

SAVORY BAKED ITEMS

- Homemade pizzas
 Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake SWEET BAKED ITEMS

Fruit loaf

Wholemeal fruit based muffins

SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
 Crispreads
- Rice cakes
- Corn thins Wholemeal scones
- Pikelets
- Crumpets Hot cross buns (no icing)

• Take a water bottle (for refiling throughout the day) Tip:

WATER

 Freeze overnight to keep foods cool in lunchbox

6

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They an lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay



*Check your school's policy regarding the use of nuts and products containing nuts.

information about healthy eating and for many tasty recipes, visit the the Healthy Eating Advisory Service: http://heas.health.vic.gov.au/

- Coleslaw and potato salad (reduced fat dressing)
 Mexican bean, tomato, Vegetable sticks lettuce and cheese saladPesto pasta salad*
 - Rice and corn cakes

- FRESH CRUNCHY VEGIES
 - Yoghurt (frozen overnight) Custard

OUR FIRST ASSEMBLY FOR 2025 WILL BE HELD ON

WEDNESDAY 5 MARCH

at 1:40pm

Grade 5/6 presenting

ALL WELCOME!

SUNSMART PROTECTION



A reminder that all students are required to wear their school hat for all outdoor activities between 9:00am and 3:00pm and when the UV is 3 and above.

We don't have a supply of school hats for borrowing, so it is essential that students bring their own hat to school

BREAKFAST CLUB

Breakfast Club is available to students **Monday to Friday** every week

Our expectations of students attending Breakfast Club:

- Arrive no later than 8:40am.
- Collect toast/milo from the kitchen, then find a space in the garden/at the table to sit and eat.
- One milo only is permitted.
- Plates and/or cups must be returned to the sink area, and students are asked to help clean up when possible.

BEST MANNERS ARE EXPECTED!

NEWSLETTER DISTRIBUTION

Our default method of fortnightly newsletter distribution is by email, however if you prefer a paper copy sent home with your eldest child, please phone the school or email:

dunalley.primary@decyp.tas.gov.au

with your request.

REGULAR SCHOOL ATTENDANCE What can you do to help?

As parents or carers, you can make a big difference in helping your children want to attend school every day.

Getting your children into an everyday routine on school mornings can be extremely helpful eg getting them up at the same time, breakfast at the same time, leaving for school (or the school bus) at the same time each day, will help them get to school on time.

Children who arrive late to school usually miss the day's plan and often feel unsure when joining their class late.

LATE ARRIVAL / EARLY DEPARTURE

We request that all parents/carers sign in/out students arriving late or departing early. This is done electronically in the front office foyer.

CHANGES TO END OF DAY ARRANGEMENTS

A reminder that it is the responsibility of parents and also a courtesy to ensure that <u>all</u> changes to students' end of day arrangements are communicated to both the school and the child's bus driver. This includes instances where there is a bus swap, or your child is catching a bus which is not their usual routine eg attending an after school birthday party.

'MILD' ASTHMA IS VERY SERIOUS



If your child has asthma, please let the school know immediately. We'll send you out an Asthma Action Plan for completion by your child's doctor.

It is also vital that you update us on any change to your child's asthma condition.

The people at greatest risk of death from asthma are those whose asthma is not considered severe.

Because they rarely have an attack, or only usually have a mild attack, there's a tendency for the person with asthma or their carer not to take precautions – such as having a blue/grey reliever puffer available at all times. They are also less likely to know how to use their medications and devices properly and know what to do in an emergency.

So when you have a bad attack - and that can happen even if you've never had one before – they tend to panic and have no medication available. That is unfortunately why people who have mild asthma die.

It's also imperative that asthma sufferers take their reliever with a spacer at all times to ensure they are receiving the maximum amount of medication into their lungs.

If you need any help or advice on asthma or associated allergies, please phone Asthma Australia on **1**800 555 660.

ADMINISTRATION OF MEDICATION TO STUDENTS

<u>Under no circumstances</u> will medication be administered to students unless authority Is received from a student's medical practitioner, parent or guardian.

<u>Prescribed medication (short or long term - including antibiotics</u> can only be administered to students when the appropriate form has been completed and signed by the child's medical practitioner, pharmacist or practice nurse.

<u>Non-prescribed medication</u> can only be administered to students when the appropriate form has been completed and signed by the child's parent or guardian.

In all instances, medication must be handed in to the office in the original container, with the chemist's instruction label attached.

Non-prescribed oral medication, such as analgesics (pain killers ie Panadol) and over-the-counter medication cannot be administered by school staff. Fever, headache, earache, toothache etc are considered symptoms of conditions that require further investigation by an appropriate health practitioner.

No medication is to be self-administered, including cough mixture, flu tablets and medicated creams/ointments.

All forms authorising administration of medication may be obtained from the school office.

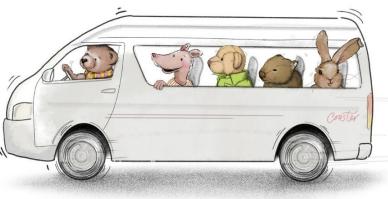
STUDENT INFORMATION VALIDATION FORMS

Student Information Validation Forms were distributed to families last week. To ensure that we have accurate up-todate details on your child/ren, please return these forms to school as soon as possible.

https://asthma.org.au



Tuesday during term time 10AM - 11:30



STUDENT ABSENCES

It is a DECYP requirement and also a courtesy that parents contact the school when their child is absent for any reason, preferably on the date of the absence. This can be by any of the methods below:

Phone:

6253 5151

Email: <u>dunalley.primary@decyp.tas.gov.au</u>

Messages via other students or siblings are not acceptable. After a prolonged absence (3 - 5 days) a doctor's certificate may be required.

Attending school every day has a big impact on how well your child goes at school. Because of this, the *Education Act* limits the reasons a child can be authorised from school attendance.

Reasons your child can be authorised to be absent from school include:

- Sickness/incapacity
- Medical, legal or related appointments
- Natural disaster or extreme weather preventing your child from safely attending school
- Family bereavement
- Participating in a recognised learning experience.

Absences for family holidays, birthdays or other similar reasons <u>ARE NOT</u> valid reasons for students not to attend school. These absences will be marked as 'Unauthorised – not an excusable circumstance.'

Please contact the school in advance when an extended absence (5 or more school days) is planned. In this instance a *Notification of an Intended Extended Absence* form is to be completed and signed by a parent/carer when discussing the absence reason with a school staff member prior to the intended absence.

These forms will be available from class teachers and the office.

REMINDER! NO NUTS PLEASE We have students with life threatening allergies



'Nuts' and 'nut products' refer to any foods which contain specific pieces of any nut type in them or on top of them. It also refers to foods such as Peanut Butter or Nutella which are produced specifically from nuts.

The following guidelines are for all staff, students, parents and community members whilst at Dunalley Primary which, if followed, will minimise the risk of an allergic, **potentially life-threatening reaction** to a member/s of the school population.

DON'T SEND TO SCHOOL:

- Any fresh nut products.
- Any spread containing nuts (all nuts, eg peanut butter, nutella).
- Any muesli bar, biscuit or other product **THAT LISTS NUTS AS AN INGREDIENT.**
- Packages of mixed fruit (eg trail mix) that contain nuts as well.
- Recycled containers that may have contained nuts eg cereal, peanut butter jars, biscuits.

If your child eats a nut product for breakfast (eg peanut butter on toast), washing hands and brushing teeth before arriving at school will reduce the chance of exposing an allergic child to nut allergen at Dunalley Primary School (eg on the bathroom taps, computer mouse, climbing equipment etc).

All children are to be discouraged from swapping food.

Dunalley Primary School will promptly update all parents if circumstances change and there is a need to modify policy information.

For further information,

please visit Anaphylaxis Australia:

http://www.allergyfacts.org.au/

EVERY SCHOOL DAY MATTERS

Welcome back for another school year - we're excited for what's ahead!

Start the year right by making every school day count.

There are lots of things you can do to set your child up for success:

Make sure your child goes to school, every day

Going to school every day gives your child every chance to learn and grow, and connect with their mates and teachers. It's where bright futures start and where they'll benefit the most.

Get them excited for school

If you show a positive attitude and excitement towards school, your child will pick up on that. The most common thing we hear from students, of all ages, is that school is where they can:

- spend time with their friends and teachers
- create new and fun experiences
- find their interests
- learn new things
- open up their options for whatever future they want (whether that's their dream job or to travel around the world).

Share these positives with your child.

Talk to your child about school

Open up a conversation with your child about what's happening at school. It will help you to better support their interests and confidence in learning. If you show an interest in school, they'll know that getting an education is important and valued.

Celebrate the milestones

Big and small! Celebrate milestones such as making it through the first day or week of school. Remember: all milestones look different. If it's a big achievement for your child, it's important to recognise it.

Set up a time to talk to your child's teacher or principal

If you're struggling to get your child to school, help is available. Please talk to us at school about your situation. We'll support you, in whatever way we can.

Know when to seek help

There is no weakness in admitting you need help. If your child has completely disengaged with school, and not attending at all, there is support to help you. In the first instance, talk to us at school.

For more helpful tips, check out the <u>Anything can happen</u> website.



1 Day Autism Workshop for Parents and Carers Sorell, TAS



Scan the QR code or <u>click here</u> to register

This workshop is for parents, full time carers and grandparents.



Thursday 27 February, 2025 9:15am to 3:00pm



Iron Creek Bay 394 Arthur Highway SORELL TAS 7172

Morning tea and a light lunch will be provided



Interpreters available upon request

For more information or to register visit: ☆⁻ <u>www.positivepartnerships.com.au/PC</u> → jfeary@positivepartnerships.com.au During the workshop you will learn about:

Free workshop

- The diversity of autism
- Sensory processing
- Working together with your child's school.

Learn more about autism and ways to strengthen the partnership between home and school.



Positive Partnerships is funded by the Australian Government Department of Education. The views expressed within this program do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.



Welcoming New Faces to Our OSHC Service – A Year Full of Fun and Growth Ahead!

As we kick off the year 2025, we are thrilled to welcome some new children to our OSHC (Outside School Hours Care) service! It's been an exciting start as the children have quickly settled in, enjoying games, making new friends, and running around outside in the fresh air. The energy and laughter are contagious, and we couldn't be happier to watch these new faces become a part of our community.

With a year full of adventure, learning, and plenty of opportunities to grow, we are looking forward to what the months ahead will bring. Whether it's through outdoor play, creative activities, or team games, we're excited to support every child's unique journey. Watching the children grow, not only in skill but in confidence, is one of the most rewarding parts of our role.

Here's to a year full of exploration, fun, and endless memories. We can't wait to see what each child will accomplish as we continue this exciting journey together!

Dunalley Uniting Before and After School Care Hours

At Dunalley Uniting, we are committed to providing quality care for your children during those busy hours before and after school. Our Before and After School Care service operates from **7:00 AM to 9:00 AM** in the morning, and **2:50 PM to 6:00 PM** in the afternoon, Monday to Friday.

We understand the importance of ensuring a smooth transition for our younger children, so as part of our service, we take the little ones to their classes in the morning and pick them up in the afternoon. This helps provide a sense of security and ease for both children and parents, knowing that they are in safe hands as they start and end their school day.

We're here to support your family with reliable care that fits your schedule!

Service Leader— Hannah Braumandle





WOOLWORTHS SURFGROMS TERM 1 PROGRAMS

PARK BEACH - Saturday Morning, 3 weeks, Starts FEB 22 CLIFTON - Sunday Morning, 6 weeks, Starts FEB 23
KINGSTON BEACH - Tuesday arvo, 3 weeks, Starts MAR 4
CLIFTON - Wednesday after school, 4 weeks, Starts MAR 5 CLIFTON - 3 Day L/Weekend Program, MAR 8/9/10
7 MILE BEACH - Saturday arvo, 3 weeks, Starts MAR 15
CLIFTON – Sunday mornings, 4 weeks, Starts MAR 16
7 MILE BEACH - Monday after school, Starts MAR 17 ALL WEEKLY PROGRAMS WILL SKIP THE MARCH LONG WEEKEND

<u>TO BOOK VISIT www.coastrider.com.au</u>

Life members monthly special: February - 10% off grains.

buckwheat grain –organic - Product of China burghul—coarse—Product of Turkey couscous - Product of France pearl barley - Product of Australia polenta - fine - Product of Australia popcorn – Product of Australia quinoa - organic - Kindred - Product of Tasmania/Australia rice ARBORIO – Product of Spain rice BASMATI/WHITE – organic – Product of India rice BASMATI/BROWN – organic – Product of India/Pakistan rice MED GRAIN/BROWN-organic - Product of Australia wheat grain - organic - Kialla– Product of Australia



Open Mon 9.30am-11.30am. Wed & Thurs 10am—2pm (excluding public holidays) foodcoop@dunalleytasman.org 172 Arthur Highway, Dunalley 62539 000

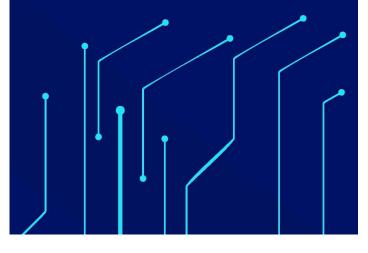


appointment on 62539000**,**

Book an

IT HELP

Fiona from the Library will be at the Dunalley Neighbourhood House on Tuesday the 18th of February from 9.30 to 10.30am



Lending library

Perfect weather to become engrossed in a book. Come and have a peek at what we have!

> Dunalley Neighbourhood House 172 Arthur Highway open Mon-Thur 9-3pm









Saturday 22nd of February

Bus leaves Dunalley eighbourhood House at 10am turning to Dunalley at 2.30pm Please call 62539000 if you would like to go to the Garlic Festival by Tuesday 18th February. We need 10 people for the bus.

Bus \$10





STUDENT ASSISTANCE (STAS) 2025

The Student Assistance Scheme (STAS) provides assistance to low income families from Kindergarten to Year 12. Families who meet the eligibility of STAS are not required to pay levies.

Please note that if you are already receiving student assistance you do not need to complete a form. Families who are advised by letter that they are approved for STAS 2025, and who need to add another student can email their full name and the name, date of birth and grade of the student in 2025 to stas@decyp.tas.gov.au and the newly enrolling student will be added to their file.

2025 approval letters also provide the facility to add a new student and return by email or post.

The online form can be completed here:

https://stasonlinesubmission.education.tas.gov.au

Once a validated form is completed the Department *for* Education, Children and Young People will confirm the outcome of your application in writing. This process takes approximately 14 days.

We understand this online option may not be possible for all families, so if you require a hard copy form please contact the school or stas@decyp.tas.gov.au or phone 1800 827 055.

TERM 1:





PROFESSIONAL LEARNING

& MODERATION DAYS

Thursday 6 February - Friday 11 April(Easter: Friday 18 April—Tuesday 22 April)TERM 2:Monday 28 April- Friday 4 JulyTERM 3:Monday 21 July- Friday 26 SeptemberTERM 4:Monday 13 October- Thursday 18 DecemberMonday 3 February—Wednesday 5 FebruaryFriday 6 JuneFriday 24 October



CONTACT DETAILS

20 Bay Street Dunalley TAS 7177 Phone 03 6253 5151 Email <u>dunalley.primary@decyp.tas.gov.au</u> Web <u>https://dunalleyprimary.education.tas.edu.au/</u>